

PITREAVIE

AMATEUR ATHLETIC CLUB (ESTABLISHED 1956)





Athlete And Youth Representative Update - October

Pitreavie 2014 Track and Field Top Performers:

- ➤ It is the end of another successful year at Pitreavie where in the Forth Valley League and Lower YDL we have managed to maintain our place in the top division and also get promoted to the top division in the Upper YDL. However now it's time to reflect on the top performers in the club. Here are our top performers per age group.
- Under 11 Girls India McKendry 75m 12.81, 100m 16.8, 200m 35.3, Shot Putt 4.40; Abbie Chisholm 150m 25.56, 600m 2:09. 99, High Jump 1.10, Long Jump 3.13; Kerry McNulty 800m 3:00.3
- Under 13 Girls Erin Turnbull 75m 11.15; Ailsa Marsh 100m 13.91, 150m 20.99, 200m 28.4, Discus 10.75; Sarah Coutts 800m 2:39.91, 1200m 4:05.54; Jenny Gillanders 1500m 5:15.72; Jennifer Brydon 70m H 12.64, High Jump 1.30, Long Jump 4.09; Seonaid Best Shot Putt 6.19; Nicole Sloans Javelin 17.77; Kym McAlpine Hammer 29.85
- <u>Vinder 13 Boys</u> − Billy Doyle − 100m − 13.82, 200m − 28.21, High Jump − 1.40, Javelin − 20.24; Lewis Blair − 800m − 2:23.30, 1500m − 4:52.82; Euan Johnston − 75m H − 13.66, Long Jump − 4.41; Cameron Keelan − Shot Putt − 5.83
- Under 15 Girls Eve Huxley 100m 12.87, 200m 26.55; Iona Crawford 300m 43.40, 800m 2:18.75; Emily Nicholson 1500m 5:03.3, 3000m 11:34.3; Bethany McAndrew 75m H 11.85, Long Jump 5.10; Aimee Scott High Jump 1.51; Rebecca Porter Shot Putt 9.12, Discus 34.84; Sophie Nethery Javelin 14.90; Emma Rae Hammer 51.91
- Under 15 Boys James Adam 100m 12.34, 400m 53.72, 800m 2:02.92, 1500m 4:26.38; Ben Grant 200m 24.81, 300m 38.11; Jamie Stewart 80m H 15.32; Ryan Woods High Jump 1.56; Alistair Moriarty 4.71; Sean Redpath Triple Jump 9.92; Ryan McMillan Shot Putt 11.34, Discus 29.69; Dylan Thomson 24.45
- <u>Under 17 Women</u> Amiker Best 100m 13.18, 200m 27.27, 300m 43.85; Lexie Cook – 400m – 63.1; Leah Davie – 800m – 2:21.9, 1500m – 4:51.02; Erin Graham – 80m H – 13.7, High Jump – 1.55; Isla Sinclair – Long Jump – 4.54; Kirsten Cronie – Pole Vault – 3.10; Catriona Smith – Shot Putt (4kg) – 7.03, Shot Putt (3kg) – 8.23; Megan Laing – Discus – 27.72; Lisa O'Neil – Javelin (600gm) – 38.37, Javelin (500gm) – 41.80
- Under 17 Men William Murray 100m 11.36, Shot Putt 10.32, Javelin (800gm) 34.61, Javelin (700gm) 39.35; Taylor Roy 200m 24.27, 100m H 14.1, 400m H (84.0cm) 65.6, Hammer 8.80; Marcus Archer 400m 54.6; Corey Smith 800m 2:06.71, 400m H (91.4cm) 68.2, 1500m s/c 5:01.74; Tyler White 1500m 4:32.50, 3000m 9:41.52; Martin Carr High Jump 1.71, Triple Jump 10.74; Cameron Sinclair Long Jump 6.11; Craig Moriarty Pole Vault 3.80, Discus 16.41
- ▶ <u>Under 20 Women</u> Niamh Guest 100m 12.9, 200m 26.89, 100m H 15.52, Long Jump 4.51; Annie Nelson 300m 47.45, 400m 66.79; Rachel Hunter 3000m 14:25.53, 1500m s/c 6:56.6, Javelin 26.13; Naomi Fox 400m H 74.55; Kirsten Loudon High Jump 1.60; Anna Gordon Pole Vault 3.85, Triple Jump 8.78; Sarah Connor Shot Putt 6.44; Chloe Nethery Discus 18.78, Hammer 39.49
- <u>Under 20 Men</u> Declan Brennan 100m 11.26, 200m 22.4, Shot Putt (7.26kg) 8.67; Jack Lawrie 400m 50.19, 110m H (106.7cm) 14.77, 110m H (99.0cm) 14.31, 400m H 52.6, High Jump 1.85; Aidan Thompson 800m 1:59.93,









- 1500m 4:06.61, 2000m s/c 6:09.60; Ben Potrykus 3000m 9:24.20, 5000m 16:40.78; Mark Guthrie Shot Putt (6.0kg) 12.26, Hammer 56.66; Robbie Cuthbert Discus 19.67, Javelin 26.88
- Senior/Veteran Women Stacey Downie (SW) 100m 12.34, 200m 24.57; Eilidh Child (SW) 400m 52.40, 400m H 54.39; Rebecca Burns (SW) 800m 2:11.39, 1500m 4:35.35; Linda Potrykus (Vet) 800m 4:00.7; Kimberley Murray (SW) Long Jump 5.24; Louisa Nethery (W40) Shot Putt 6.00, Hammer 14.58; Lisa McAlpine (SW) Discus 15.17, Hammer 42.23; Nicola Moriarty (W40) Discus 11.24; Julie Porter (W45) Discus 13.86, Hammer 18.62; Sarah Stewart (SW) Javelin 17.66
- Senior/Veteran Men Ryan Oswald (SM) 100m 10.60, 200m 21.3; Anthony Young (SM) 400m 48.08; David Agnew (M35) 400m 52.33, High Jump 1.45, Discus 27.78; Craig Robertson (SM) 800m 1:56.6; Neil McLachlan (SM) 5000m 18:25.94; Francis Smith (SM) 110m H 15.2, High Jump 1.40; Ewan Dyer (SM) 400m H 52.59; Donald Tod (SM) Long Jump 6.85, Triple Jump 13.61; Steve Wallace (M55) Triple Jump 10.18; Michael Burns (SM) Discus 13.55; Phil Porter (M50) Discus 13.55; David Brand (SM) Javelin 28.00



Success For Pitreavie In STATS Rankings:



- At the end of another great Track and Field Season, some of our talented athletes have made it into the STATS rankings.
- Within the seniors, Ryan Oswald came 86th in the rankings with 2767 points, Jack Lawrie (who is still a junior athlete under 20) managed to gain 81st with 2793 points and Ewan Dyer came 73rd with 2853 points.
- ➤ Eilidh Child managed to win the rankings with a close battle between Lindsay Sharp and Laura Muir with leading points of 4308.
- ➤ In the under 15 rankings, Emma Rae claimed top spot in the rankings for the hammer throw with 2230 points and James Adam came 13th for the 800m with 1583 points.
- In the Under 20 category, Jack Lawrie achieved 3rd place for his 400m hurdles with 2773 points and Anna Gordon came 7th for Pole Vault with 2702 points.
- Well done to all athletes making it onto the STATS. It's a fantastic and well earned achievement!

Scottish East District XC Relay Championships:

- The opening event for cross country season 2014-2015 was the Scottish East District XC Championships held on Sunday 12th October at Peebles.
- ➤ In the Young Female's race, Pitreavie had 3 teams competing in the race.
- Pitreavie's "A" team consisting of Jenny Gillanders, Emily Nicholson and Leah Davie won the race in a time of 30:40. Jenny who ran in the opening leg of under 13 girls gaining 4th running 10:36. Emily stormed the second leg of under 15 girls and came 2nd in a time of 9:56. Leah, who ran in the final leg consisting of under 17 women came 2nd overall in a time of 10:08.
- ➤ The "B" team in the Young Female's race containing Katie Gostick, Zoe Nicholson and Iona Crawford came 9th in a time of 33:18. Katie in the opening leg of the race ran a time of 12:26 gaining 14th place. Zoe in the second leg came 6th running 10:34. Iona, who is only under 15, ran in the last leg containing under 17 women gained 4th place in a time of 10:18.
- ➤ The "C" team contained Maya Hutcheon, Ciara Bowman and Emily Main who came 17th in a time of 38:54. Maya ran the opening leg in 12:56 and came 18th. Ciara ran in the second leg of under 15 girls and came 10th running 11:04. Finally Emily ran the final leg containing under 17 women finishing 21st in a time of 14:54.
- > In the Young Males race, Pitreavie again had 3 teams competing in the race.
- ▶ Pitreavie's "A" team consisting of Lewis Blair, James Adam and Tyler White came 4th, just missing out on a medal, in a time of 27:36. Lewis ran the opening leg containing under 13 boys running 10:00 finishing 10th. James ran the second leg finishing 4th in a time of 8:56. Tyler who ran the final leg consisting of under 17 men came 5th in a time of 8:40.



- ➤ Pitreavie's "B" team containing Lewis Dow, William Cain and Corey Smith finished 17th overall in a time of 29:59. Lewis ran the opening leg in a time of 10:03 finishing 11th. William Cain ran the second leg containing under 15 boys gaining 12th in a time of 9:42. Corey, who ran the last leg consisting of under 17 men, finished 23rd running 10:14.
- ➢ Pitreavie's "C" team consisted of Euan Johnston, Billy Doyle and Andrew McNair who finished 22nd in a time of 31:41. Euan, who ran the opening leg, finished 17th in his leg running 10:17. Billy ran in the second leg finishing 30th in a time of 11:20. Andrew then competed in the final leg of under 17 men finishing 22nd in a time of 10:04.
- ➤ In the Senior/Junior/Masters race, Pitreavie had one womens team entered. This team consisted of Amy McAlpine, Sarah Ross and Kirsty Hutton who came 32nd overall in a time of 1:10:04. Amy ran the opening leg in 22:23 gaining 37th in that leg. She would then hand over to Sarah Ross who would run 22:15 finishing 35th in the second leg. Then Kirsty Hutton competed in the last leg finishing 33rd in a time of 25:26.
- > Well done to all athletes who managed to battle the hilly course!

Scottish East District XC League - Match 1:

- ➤ In the first match of the Scottish East District XC League held at Stirling University on Saturday 19th October, we saw a big turnout of Pitreavie athletes.
- ➤ **Under 11 Boys (1550m)** Campbell Dowie 7th 5:30, Conor Gourlay 9th 5:31
- ▶ <u>Under 13 Boys (2400m)</u> Lewis Blair 5th 10:16, Euan Johnston 10th 10:35, Gregor McPherson 37th 11:38. The team of Lewis Blair, Euan Johnston and Gregor McPherson came 4th with 52 points.
- Under 13 Girls (2400m) Jenny Gillanders 4th 11:02, Jennifer Brydon 15th 11:51, Lucy Telfer 39th 13:12, Eilish De Swarte 51st 14:03, Kym McAlpine 61st 15:50. The team of Jenny Gillanders, Jennifer Brydon and Lucy Telfer came 5th with 58 points.
- Under 15 Girls/Under 17 Women (3100m) Iona crawford (U15) 13th 11:44, Leah Davie (U17) 16th 11:53, Sophie Telfer (U15) 19th 12:06, Ciara Bowman (U15) 24th 12:19, Sophie Nethery (U15) 33rd 13.21, Evie Coyle 40th 14:02, Katherine McPherson (U15) 45th 14:04, Hannah Gillan (U17) 56th 16:54, Isla Sinclair (U17) 57th 17:44. The team of Iona Crawford, Leah Davie and Sophie Telfer came 5th with 48 points.
- Under 17 Men (6000m) Tyler White 15th 21:46, Corey Smith 32nd 25:46, Cameron Sinclair 36th 29:53.
- ➤ Senior/Junior Women (6000m) Rebecca Burns 3rd 22:29
- ➤ Senior/Junior Men (9000m) Michael Burns 67th 34:52, Neil McLachlan 129th 38:05, Paul Allan 212th 44:02
- > Well done to all athletes who competed on the tough, long and muddy course!

Scottish National XC Relay Championships:

- ➤ The third cross country fixture of the 2014-2015 season was the Scottish National XC Relay Championships held at Cumbernauld House Park on Saturday 25th October.
- > In the young males race there were 3 complete teams competing in the championships.
- The Pitreavie "A" team consisting of Lewis Blair, James Adam and Tyler White came 16th in a time of 30:52. Lewis came 19th in his leg of under 13 boys and ran a time of 10:58. James came 16th in his leg of under 15 boys running a time of 10:04. Tyler, who competed in the last leg of under 17 men, came 33rd in a time of 9:50.
- ➤ The Pitreavie "B" team in the young males race consisted of Lewis Dow, Ben Grant and Corey Smith who came 51st in a time of 33:13. Lewis competed in the opening leg of under 13 boys and came 59th in a time of 11:47. Ben, who ran in the second leg of under 15 boys, came 32nd in a time of 10:18. Corey, running the last leg of under 17 men, came 71st timing 11:08.
- The Pitreavie "C" team in the young males race consisted of Euan Johnston, Alex Johnston and Andrew McNair who came 53rd in a time of 33:22. Euan, who ran the opening under 13 boys leg, came 41st running 11:29. Alex, his older brother, also cames 41st but in the second leg of under 15 boys in a time of 10:35. Andrew, who run the final leg of under 17 men, came 74th running 11:18.
- In the young females race, we had 2 complete teams and 2 other incomplete teams however despite there being incomplete teams, every athlete was up for the competition.
- ➤ The Pitreavie "A" team in the young females race consisting of Jenny Gillanders, Iona Crawford and Leah Dave came 14th in a time of 34:33. Jenny ran in the opening leg of the race which consisted of under 13 girls and she came 18th in a time of 11:35. Iona, who ran in the second leg consisting of under 15 girls, gained a 12th place timing 11:23. Leah ran the final leg of under 17 women and came 18th in a time of 11:35.
- The Pitreavie "B" team consisted of Sarah Coutts, Ciara Bowman and Sophie Telfer who came 19th in a time of 35:20. Sarah ran the first leg of the race consisting of under 13 girls coming 11th in a time of 11:18. Ciara, who ran in the second leg of under 15 girls, came 29th running a time of 12:12. Sophie, who is only under 15, ran in the final leg of the race consisting of under 17 women gaining 22nd timing 11:50.
- ➤ Unfortunatey the Pitreavie "C" and "D" teams in the young females race were incomplete due to there not being enough athletes to make up teams up however they ran well with the runners they had and still showed

- fighting spirit.
- The Pitreavie "C" team containing Jennifer Brydon and Evie Coyle finished in a time of 27:27. Jennifer ran 13:14 in her leg of under 13 girls and came 65th. Evie finished 71st in a time of 14:13 in the second leg of under 15 gilrs.
- ➤ The Pitreavie "D" team consisting Jemma Jamieson and Alana Sneddon finished in a time of 28:31. Jemma came 60th running 13:10 in the opening leg while Alana came 89th in the second leg running 15:21.
- Well done to all athletes who endured the windy and wet conditions!

Cross Country Fixtures:

Date		Meeting	Venue	
Novemb	er			
Saturday		Scottish East District XC League – Match 2	Lornshill Academy, Alloa	Open to all athletes. No pre-entry required. Just turn up and run
Decemb	er			
Saturday		Scottish East District XC Championships	Camperdown Park, Dundee	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete
January	,			
Saturday		Scottish Inter – District XC Championships	Holyrood Park, Edinburgh	Scottish Athletics select athletes based on performance at Scottish East District XC Championships
Saturday		Scottish East District XC League – Match 3	Broxburn Academy	Open to all athletes. No pre-entry required. Just turn up and run
Saturday			Kilmarnock Academy Recreation Ground (Ayrshire Athletics Arena)	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete
Februar	У			
Sunday		Scottish National XC Championships	Callendar Park, Falkirk	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete
March				
Sunday		Scottish National Young Athletes Road Race Championships	TBC	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete

- To enter any of the above events then please contact the Cross Country Team Managers.
- ➤ The Cross Country Team Managers for the season 2014 2015 are Penny Hicks and Louisa Nethery.
- For more information please view our website http://www.pitreavie-aac.co.uk/index.php/about-pitreaive-aac/xc-cross-country



Indoor Fixtures:

Date		Meeting	Venue				
December							
Wednesday	03/12/14	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium				
Sunday	14/12/14	Aberdeen AAC Indoor Open Graded Meeting	Aberdeen Sports Village				
		Scottish Athletics Indoor League – Match 1	Emirates Arena, Glasgow				
January							
Sunday	04/01/15	Scottish Athletics Indoor League – Match 2	Emirates Arena, Glasgow				
Wedensday	07/01/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium				
Saturday	17/01/15	Scottish National Indoor Open	Emirates Arena, Glasgow				
Sunday	25/01/15	Aberdeen AAC Indoor Open Graded Meeting	Aberdeen Sports Village				
February							
Sunday	01/02/15	Scottish National Senior Indoor Championships	Emirates Arena, Glasgow				
Wednesday	04/02/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium				
Sunday	08/02/15	Scottish Athletics Indoor League – Match 3	Emirates Arena, Glasgow				
Saturday	14/02/15	Scottish National U13/U17 Age Group Indoor Championships	Emirates Arena, Glasgow				
	15/02/15	Scottish National U15/U20 Age Group Indoor Championships	Emirates Arena, Glasgow				
Sunday	22/02/15	Aberdeen AAC Indoor Open Graded Meeting	Aberdeen Sports Village				
Saturday	28/02/15 &	Scottish National Combined Events & Scottish National	Emirates Arena, Glasgow				
	01/03/15	Masters Indoor Championships					
March							
Wednesday	04/03/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium				

By Corey Smith





